



## **Shopper Needed**

Lutheran Community Services (LCS) gets most of the food we distribute from the Food Bank of Delaware, where we are the largest customer. But sometimes we (and the volunteers who run pantries at Lutheran churches) need to go out and buy groceries from low cost food outlets like Save-a-Lot. We could use some help! If you are interested in volunteering for this kind of work, contact Lisa Weifenbach at 302 654 8886.

## **Tobacco Cessation Program Offered to All**

One of Lutheran Community Services' lesser known programs is its Tobacco Cessation Program. It was designed for low income people, and paid for with funding from the State of Delaware through a grant to one of our partners, the American Cancer Society. Right now, however, there is a special promotion going on. Anyone – no matter what their income level – can qualify for free assistance with vouchers for pharmaceutical and over the counter products. Traditional products have been nicotine replacement materials, but new medicines designed to help fight the addictive craving for tobacco have proven quite effective. The increased demand during this special promotion has meant a big increase in the number of people served and in the work load at Lutheran Community Services. How long the promotion will last is anyone's guess. To get started smokers should call the Quit Line – **866 409 1858**.

Check the narthex bulletin board for more LCS news.